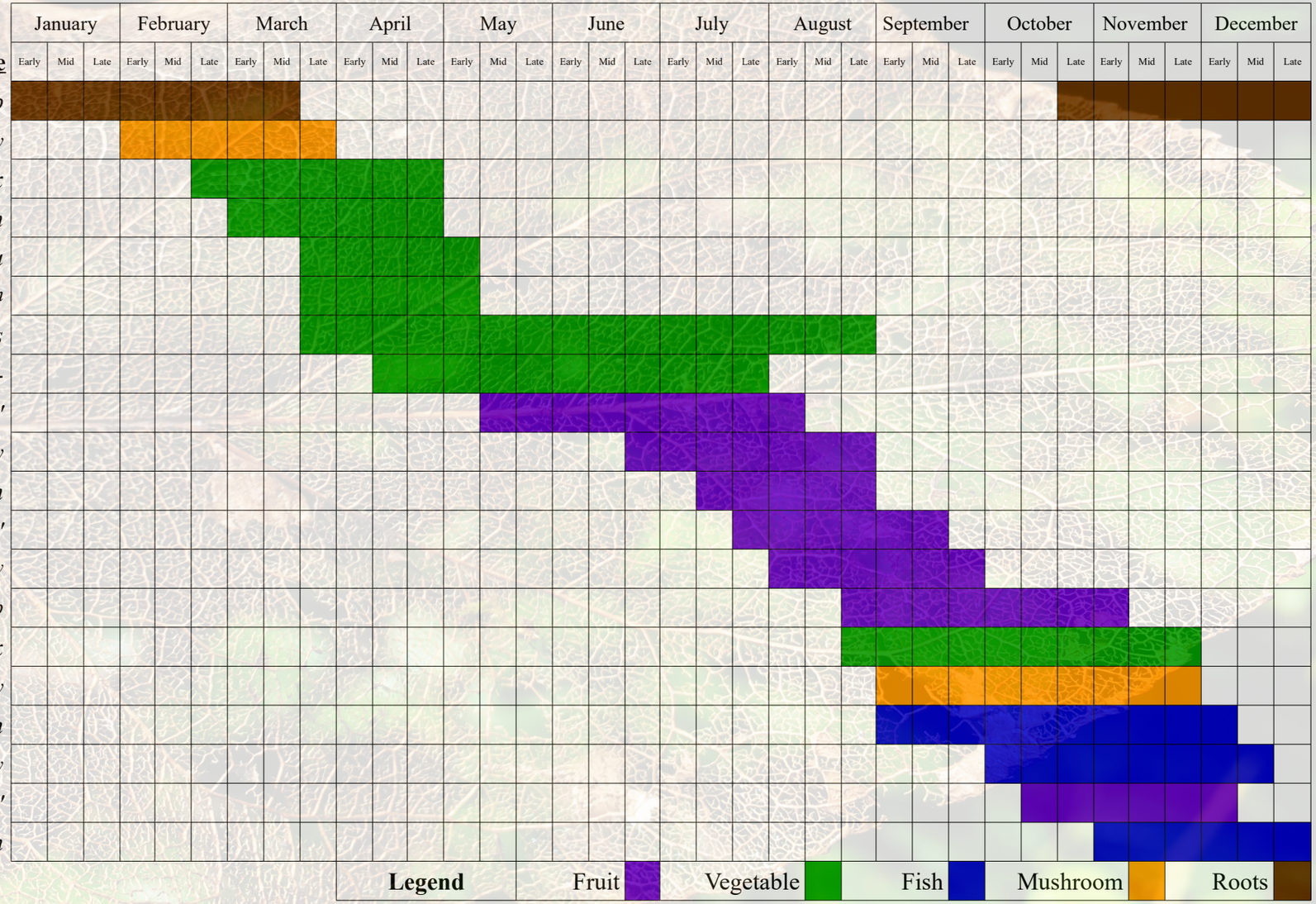
Qwustenuxun's Basic Wild Food Harvesting Calendar



Common Name	Hul'q'umi'num Name
Licorice Fern Root	*Tl'usiip*
Morel Mushrooms	*Kwumsuliqw*
Nettle for food	*Tth'uxtth'ux*
Maple Flowers	*Ts'alhulhp Sp'eq'um*
Salmon Berry Shoots	*The'thqi' tu Lila*
Thimble Berry Shoots	*The'thqi' tu T'uqwum*
Nettle Leaf for tea	*Tth'uxtth'ux Sqwuls*
Fiddle Heads	---
Salmon Berries	*Lila'*
Trailing Blackberries	*Sqw'iil'muhw*
Thimble Berries	*T'uqwum*
Salal Berries	*Teqe'*
Himalayan Blackberries	*Xwum'xwum Sqw'iil'muhw*
Oregon Grape	*Luluts'ulhp/Suniiulhp*
Nettle for fibre	*Tth'uxtth'ux*
Chanterelle Mushrooms	*Kwumsuliqw*
Spear Fishing	*Sunum*
Chum Salmon Run	*Kwaluhw*
Nootka Rose Hips	*Qel'qulhp Stth'oom'*
Dip Net Fishing	*'uxthim'tun*